



(2021) People aged 75+

- 76% owned a smartphone
- 41% used social media
- 81% used email



(2022) People who reported high or very high levels of psychological distress  
Moorabool 23.1%  
(Vic 23.5%)

(2021) 49.5% of LGBTQIA+ young people reported being diagnosed with generalised anxiety disorder or depression

## Mental Health and Resilience



15% men, 17% women 65+ experience loneliness (2022)  
53% of LGBTQIA+ older people experience loneliness

People with disability aged 15-64

- 28% experience loneliness (16% without disability)
- 17% experience social isolation

(2022) People who reported they had a mental health condition including depression or anxiety  
Moorabool 10.2%  
(Vic 8.8%)



- 22% of Victorian children are overweight or obese
- 50% of Victorian adults aged 18-24 are overweight or obese
- 65% of Victorian adults 25 and over are overweight or obese

(2021) 32.5% of children used electronic media for recreation for more than 2 hours per day (doubled since 2019)



(2021) only 47.3% of children met the physical activity guidelines (62.2% 2013)

## Physical Activity



68% of retired women are considered “inactive” or “somewhat active”



Walking and bushwalking are the top 2 active recreation activities for women and girls in Moorabool

- Women walking 73%
- Girls walking 45%
- Women Bushwalking 37%
- Women jogging/running 24%



Falls account for 36.3% of emergency department presentations

Moorabool babies fully breastfed on discharge from hospital

2021-2022 (74.5 %)

2022-2023 (71%)

2023-2024 (72.6%)



Fully breastfed at 6 months of age

2021-2022(16.7%)

2022-2023 (17%)

2023-2024(17.4 %)



(2022) 8.1% of Victorian adults ran out of food and could not afford to buy more (5.8% 2019)

(2020) 5.7% of Moorabool residents ran out of food and couldn't afford to buy more

(2022) Experienced severe food insecurity (metro 7.1%)  
Rural women 12.6%,  
Rural men 9.9%



## Food and Food Insecurity

In Victoria

- 35% know where to get help for food insecurity
- 32% believed others had greater need
- 45% too were too embarrassed to seek help



People in Moorabool accessing Foodbank

- 2022- 398 adults (77 new visitors)
- 2023 - 450 adults (85 new visitors)

13% increase

Family violence incidents in Moorabool

- 2021-22 (488)
- 2022-23 (544)

an increase of 8.8%

Children were present at 40.6% of family violence incidents



(2022) 244 female and 143 male clients accessed homelessness services in Moorabool



86 people were recorded as homeless on census night 2021 in Moorabool

- 25 (29%) were aged 0-14

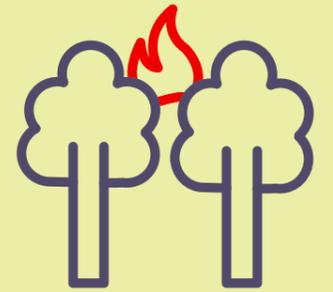
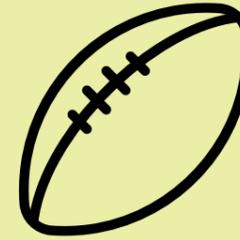


## Prevention of Violence and Homelessness

14.8% of Australians aged over 65 years report experiencing elder abuse, with only 1/3 seeking assistance



Family violence incidents increase during and after a crisis or natural disaster



Increased rates of domestic violence have been associated with major sporting events, and public holidays

Women are at increased risk of experiencing violence from an intimate partner during pregnancy



Women often experience multiple incidents of violence across their lifetime

## Increase in Vaping

14+ yo 1.4% (2018) 8.9%(2023)

14-17 yo 0.8% (2018) 14.5% (2023)

18-24 yo 2.% (2018) 19.8% (2023)

1/4 of all current e-cigarette users have never smoked (Vic 2022)



Moorabool

Electronic Gaming Machine losses

2022/2023 14.50 million

2023/2024 10.39 million

Victorian adults gambling online

19% in 2018/19

23% in 2022/23



Sports betting is five times higher among men than for women

Adults who smoke daily Moorabool 13.8% (Vic 12%) higher in men than women



Mothers who smoked in first 20 weeks of pregnancy Moorabool 12.1% (Vic 8%)

## Harms from vaping, tobacco, alcohol and gambling

31% of Victorian secondary-school children have gambled in the past



3 in 5 adults consume alcohol at a lifetime risk of harm

Moorabool 67.2% (Vic 59.5%)

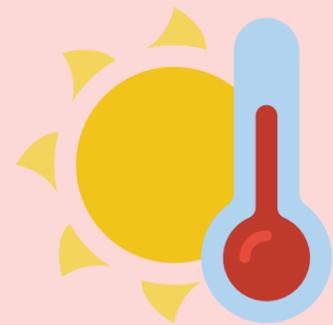


Ambulance attendances (2021-2022) Moorabool

- Alcohol related 111 (3rd highest in the Grampians Region)
- Illicit drug related 61 (2nd highest in the Grampians Region)

55% of Australian children aged 11 – 16 recall seeing gambling ads on social media

Moorabool has 3 out of 11 Victorian towns who are rated as extreme areas for bushfire, and 12 towns rated at high to very high risk



Average annual temperature has increased in Victoria by 1.2 °C since 1910

Over the past 30 years, Victoria's cool season rainfall has declined

## Climate Change



(2024) Council distributed 4,900 native plants to the community

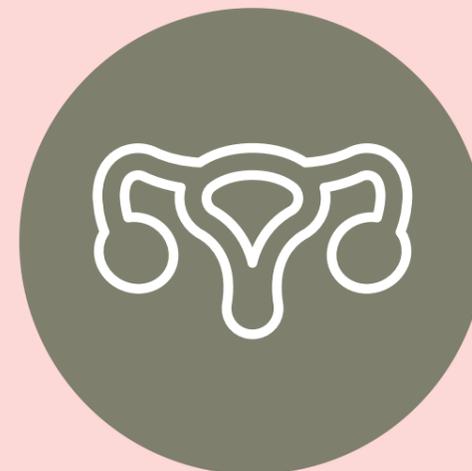
(2023 and 2024) Council provided free green waste disposal to assist households prepare for fire season



(2023) 89.92% of 5yo Moorabool children were fully immunised (93.83% Vic)

Victorian Aboriginal children's immunisation rates increased from 86.7% in 2011 to 95.44% in 2023

## Immunisation, Health Checks and Sexual and Reproductive Health



Cervical screening rates for females aged 25-74 Moorabool was highest in Grampians Region at 45.9% but below Vic 47.4%